

Schedule for Outdoor Zone

Monday-Friday

Gym Time

5:30-6:30 AM Gym Open

6:30-7:00 AM Closed

7:00-8:00 AM Gym Open

8:00-8:30 AM Closed

8:30-9:30 AM Gym Open

9:30-10:00 AM Closed

10:00-11:00 AM Gym Open

11:00-11:30 AM Closed

11:30-12:30 PM Gym Open

12:30-1:00 PM Closed

1:00-2:00 PM Gym Open

2:00-2:30 PM Closed

2:30-3:30 PM Gym Open

3:30-4:00 PM Closed

4:00-5:00 PM Gym Open

5:00-5:30 PM Closed

5:30-6:30 PM Gym Open

Saturday

Gym Open

8:00 AM-2:00 PM